

# Poweria! Training

Autumn 2021  
Tulppaanitalo, Tampere

Now you have an opportunity to impact your own future!

Training is for you if you are migrant and

- you need extra support in everyday life
- you need support on how to find a place where study or work
- you are 15-29 years old

In Poweria! project we arrange two different kind of training. At first group training and then individual training. In the training we use Finnish plain language.

Group training will take place on 30.8.-21.10.2021 at the Tulppaanitalo, Pinninkatu 51, Tampere.

Training is:

- on Mondays 12-15
- on Tuesdays 12-15
- on Thursdays 9-12

After the group training you can participate in individual training. If you apply for the training you will be interviewed in May. Eight people can take part in the training.

These sessions are free of charge for the participant.

If you want to participate, please contact to Riikka:  
[riikka.matinaho@kvps.fi](mailto:riikka.matinaho@kvps.fi), p. 040 677 3067

You can call, send text message, Whatsapp or email.

## In the Poweria! Training

- We will discuss about everyday life, studying and working
- You get support on how to impact your own future
- You will get information about different options for studying
- You will recognize your own skills
- You will meet new people
- You will get information about working life
- We will visit in different studyplaces and workplaces
- We will practise how to write a cv and a work application

Maisa, Riikka and Katjaana are your coaches in the training.

**Welcome!**